



FAMILY WELL-BEING



In 2020, San Antonio is renowned as the best city to raise a family. Its neighborhoods are places where residents thrive in an ethnically, culturally and socioeconomically integrated environment. The entire community – individuals, businesses, local government, nonprofits, and faith-based organizations – takes responsibility for our collective well-being by providing information, access, high quality services and a meaningful sense of stability to residents of all ages and backgrounds. This continuum of caring enhances our residents’ quality of life and prepares families for the challenges of the 21st century.

- Learn warning signs of child abuse and neglect at childsafesa.org/training/resources.
 - Teach, encourage, and live an attitude of caring about others.
 - Have a family service day or family game night.
 - Visit with and get to know folks at your local senior center.
 - Provide a meal for the teen residents and their young children of Seton Home.
 - Become a foster family.
 - Donate new or gently used clothes.
 - Donate non-perishable food items.
 - Become a child advocate with CASA.
 - Welcome home a service member at the airport.
 - Help organize incoming donations for the Refugee Resettlement Program.
 - Deliver a nutritious meal to a senior in need with Meals on Wheels.
 - Take a family trip to Morgan’s Wonderland.
 - Participate in Cardboard Kids in March.
 - Attend a PRIDE Families Event.
 - Connect with people at your community center.
 - Take a tour then, volunteer with Haven for Hope.
 - Become an advocate or volunteer with Autism Lifeline Links.
 - Fill a shoebox for the United Way’s Shoebox Project.
 - Volunteer for the San Antonio/Bexar County 2018 Point-in-Time Count.
 - Volunteer for H-E-B Feast of Sharing in December.
 - Serve a Thanksgiving meal at The Raul Jimenez Thanksgiving Dinner.
 - Participate in the 18th Annual Empty Bowls.
 - Adopt a soldier this holiday season at any military installation.
 - Share readykidSA.com as a resource for your friends who are expecting.
 - Attend a faith service outside your own.
 - Advocate for and support safety net programs that help those in crisis.
 - Come up with your own commitment:
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